

**WRITTEN TESTIMONY
To the Public Health Committee
In SUPPORT of Raised Bill 5327:
An Act Concerning Health Freedom and the Practice of Classical Homeopathy.
For March 5, 2014**

My name is Abby Beale, I live in Wallingford, and I represent Homeopathy for Connecticut, a group of natural health conscious individuals committed to improving access to highly qualified homeopaths in Connecticut. I am writing in support of **Raised Bill 5327: An Act Concerning Health Freedom and the Practice of Classical Homeopathy.**

I've been studying homeopathy for more than 12 years and have recently completed all of the requirements to become a CCH, a nationally certified classical homeopath. (please see attachment for specific requirements.) You can compare it to being a CPA for Accountants or a CFP for Financial Planners. I very much want to practice in CT but due to an 1893 law that says only medical doctors can practice in CT, I can't. Instead, I have small practice in MA and hope, if this passes, I can practice in CT.

I learned about homeopathy when my son was 9 months old and suffering from repeated ear infections. After many unsuccessful courses of antibiotics, his ear infections persisted. I decided to look for other options and found a homeopath. My son was given one homeopathic remedy and he never

had another ear infection again. It was amazing with him and I see happenings like that with my clients now.

So who comes to a homeopath? Typically it's people who don't like taking a lot of pharmaceutical drugs, or those who prefer a more natural approach to their healthcare or those who have been through the medical system and there is nothing else for them there. By allowing nationally certified classical homeopaths the legal ability to practice here, there will be a larger selection of highly qualified practitioners for them to choose from.

So what would your experience be like going to a homeopath? If you came to me, for example, with a chronic condition like frequent headaches, you would first be required to sign an acknowledgment that says I am not a physician, my services are not regulated by the state, a description of the services I render, a brief explanation of the theory of homeopathy and a brief bio of my background and training. The Council for Homeopathic Certification also requires those with the CCH to have clients sign this acknowledgment. I also include that they should always have a medical doctor to whom I will refer them to when needed.

Once signed, we would talk for as long as two hours where I would want to find out all about the headaches, like exactly where the pain is, what the

pain feels like, what makes them better or worse , when they started, and more. This is why when you say “I have headaches”, a homeopath doesn’t suggest “X”. With homeopathy, there isn’t just one remedy for “headaches” there are many. *A remedy is highly individualized based on the expressing symptoms of the person who has the headaches.*

I then take the discernible symptoms and put them together like a puzzle matching it to a similar homeopathic remedy. You would be given a remedy and we’d schedule a follow up about a month later. So my job is to select the best homeopathic remedy for YOU and to follow your progress. Unlike a medical doctor, I don’t diagnose disease, administer or dispense legend drugs or controlled substances, engage in surgery or any in practices that invade the human body.

Homeopathy is safe, inexpensive and used by over 200 million people worldwide. It is safe to take along side pharmaceuticals with no interaction. It is routinely given to men, women, children, infants, pregnant women, and pets. Homeopathic remedies are sold in CT over the counter and regulated by the FDA.

To become a CCH, I have completed 470 more classroom hours than is required of a medical doctor in CT and 356 more than a naturopath. I have 300

more clinical hours than a medical doctor and 318 more than a naturopath. (I am attaching a comparison document for your review) I firmly believe CCH's are well-qualified to practice homeopathy.

I urge you to support the Raised Bill #5327. CT needs to give its residents more access to high quality homeopathic care.

I would be happy to answer any questions you might have by contacting me at Abbylearn@gmail.com or 203-530-3367 with any questions.

THANK YOU for your attention to this important matter.

Abby Beale

2 Attachments:

- Training Requirements for Certified Classical Homeopaths
- Comparison of Homeopathic Train Requirements (CCH, MD and ND)

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National Certification Requirements

To become certified as a Certified Classical Homeopath (CCH), the Council for Homeopathic Certification (CHC) requires the following:

1. Exam Prerequisites:

- U.S. resident
- Homeopathic education:
Minimum of 500 hours of homeopathic training from either a single school or a variety of different programs.
- Medical education:
Completion of an Anatomy and Physiology course (3-5 credits or a minimum of 33 hours of lecture time) and a Pathology and Disease course (40 classroom hours). Courses must be recognized by the CHC.
- Clinical education:
Minimum of 250 documented hours of clinical observation/ analysis including 10 formally supervised cases.

2. Proctored written exam: Theoretical and Practical

3. Submission of 5 cases taken without supervision and followed for a minimum of 6 months.

4. Oral interview

5. Practitioners certified by the CHC must complete a minimum of 20 continuing education units (CEU's) each calendar year.

For more, please visit www.homeopathicdirectory.com.

Comparison of Homeopathic Educational Requirements

	Nationally Certified Homeopaths (CCH)	CT Homeopathic Medical Doctors (MD)	Naturopathic Physicians (ND)*
Number of Required Classroom Hours	500	30	144
Number of Required Clinical Hours	390	90	72 if in homeopathic specialty clinic; plus other exposure in naturopathic clinic ad hoc
Number of Required Supervised Cases	10	none	none
Number of Independent Cases	5	none	none
Required Medical Education	Medical Terminology, Anatomy and Physiology, Pathology	Medical Doctor; Requirements of Section 20-10 of the General Statutes	Doctor of Naturopathy; Requirements of Section 20-34 to 42 of the General Statutes
Exam contents	Section I: Philosophy Section II: Human Health Sciences Section III: Materia Medica Section IV: Repertory Section V: Case Taking	Section I: Foundations of Homeopathy Section II: Practice of Homeopathy	Comprehensive Board Exam that incorporates Health Sciences and Homeopathy: ~Philosophy ~Materia Medica ~Repertory ~Cases
Oral Interview	YES	NO	NO
Continuing Education Requirements	20 hours per year in homeopathy (CHC requirement)	50 hours every two years in their area(s) of practice (though not specific to homeopathy) (State of CT Requirement)	15 every year (though not specific to homeopathy) (State of CT requirement)

*per University of Bridgeport Naturopathic School requirements